



BILD Tanzania

**Beckwith International Leadership Development (BILD) -
Building the leadership skills of young people and adults through sport.**

This e-Newsletter brings together good practice and news stories from the **BILD Tanzania** project. It's your newsletter! So, why not send us your articles and we'll publish them in the next edition. Please send your newsletter contributions to: elena.christie@uksport.gov.uk.

In this Issue:

- * **Front Page**
BILD Tanzania—Welcome!
By Mohammed Mvumbagu
- * **Pages 2 & 3**
Focus on Beckwith Leaders in Dar es Salaam
By Mohammed, Anderson & Charles
- * **Page 3**
Picture Game Cards
By Mohammed Mvumbagu
- * **Page 4**
Photo Gallery—Dar es Salaam
By Mohammed Mvumbagu

BILD Tanzania — Welcome!

By Mohammed Mvumbagu (Dar es Salaam Beckwith Leader)

Introduction

It is with great pleasure and happiness that we welcome you to the first **BILD Tanzania** Newsletter!

This newsletter has been introduced to help bring together good practice and to spread awareness of the project. This edition focuses on Dar es Salaam but it is hoped that future editions will focus on other areas of the project. For this to happen we need your contributions so please do send your good news stories and interesting articles to us.

The importance of the **BILD** project in Tanzania

For Tanzania, the **BILD** project is extremely important. It is allowing young people to learn new life skills and, most importantly, to put this learning into practice. Through **BILD**, young people are growing ever closer to achieving their career aspirations.

Through our unique way of using sports and games, especially local games which are loved by so many people, the project is receiving growing attention and constantly helping and encouraging young people to develop.

Positive achievements in Dar es Salaam

Since the start of the **BILD** project, over 10 months ago, the project centre at Dar es Salaam has achieved a great deal. Here are a few of the highlights;

- Delivering training to almost 600 teachers and young people.
- Developing and organising 'Sport Relief', a sporting event attended by over 500 primary school children where money was raised for young people with special needs.
- Compiling 'Sports Cards' which provide instructions on how to play a number of national games and sports. It is hoped that these cards will be printed and used by leaders to train young people in sport.

Project Milestones for Dar es Salaam

I really can't wait for the official **BILD** project launch in September! I think it will be a really exciting moment for all those involved in the **BILD** project.

In December, Dar es Salaam **BILD** leaders are planning a big festival to coincide with '[World AIDS Day](#)' (Dec 1st). We intend to invite young people from schools, organisations and groups which are raising awareness and educating communities on HIV/AIDS issues. We believe that this will give hope to HIV/AIDS sufferers and raise awareness of the important fight against HIV/AIDS.



Young Leaders at Kibasila High school and Dar es Salaam **BILD** Leaders after participating in a week long Leadership training event.



TOP Foundation





Focus on BILD Leaders—Dar-Es-Salam

In each edition of the *BILD* Newsletter we will introduce some of the *BILD* Leaders, focusing on a new region each time. In this first edition, we focus on *BILD* Leaders in Dar es Salaam.

“I decided to join the project as a unique opportunity whereby I can give back to my community and help reach young people and develop their skills as leaders”.



Young Leader:
Mohammed
Mvumbagu

Mohammed

Introduction: My name is Mohammed Mvumbagu. I’m a Tanzanian young leader working for the *BILD* Project in the coastal region of Tanzania. I’m a first year College student taking a Diploma in Journalism. I’m 23 and come from a lovely extended family based in Dar es Salaam city. It’s really difficult to describe myself, but I see myself as charming, flexible, sociable, co-operative, and sensitive. These attributes help me a lot as a young leader. Since 2003, I have been a scout leader, school prefect, radio presenter (UNICEF -youth radio programme), overseas volunteer, and now a *BILD* Leader.

Hobbies and favourite sports: I love reading motivational books and novels, creating artwork, listening to music, swimming, camping, chatting with friends and exchanging ideas. I also enjoy internet surfing and my favourite sports are badminton, basketball, and volleyball.

Why did you get involved with BILD? Since I’m in love with sports and care about young peoples’ careers, especially in leadership, the *BILD* project means a lot to me. I decided to join the project as a unique opportunity whereby I can give back to my community and help to reach young people and develop their skills as leaders. It also gives me the opportunity to help develop the country by being an active member in the community.

Future expectations and hopes: I hope to see Tanzania’s community, mostly young people, have a great future. I hope they become fine leaders, active citizens and help their communities to develop. Personally, I wish to undergo further studies in any private/Government institution in order to develop myself in my leadership career.

For the future of *BILD*, I think it’ll be great to establish some sustainable, after-school leadership clubs using sport activities as a way of increasing learning, as well as keeping fit and participating in social activities/events.

In addition, on behalf of all the Tanzania *BILD* leaders, I thank UK Sport International and the National Sports Council of Tanzania (NSC) for the great opportunity they have brought about through *BILD* and for considering young peoples’ development and helping build a bright future.

Anderson

Home City: Ilala, Dar es Salaam

Hobbies: Reading educational books, watching movies, singing, listening to music, swimming and playing football.

Favourite Sports: Football and basketball

Time spent on the BILD Project: 10 months

Why did you get involved with BILD? As a youth it is an opportunity for me to get an experience, especially in leadership development. It also opens the door to meet with other youth around the globe. As a Beckwith Leader, I can have a positive impact on society and make a positive change to the generation and contribute to my country and world.

What positive experiences have you had with BILD? Meeting other young leaders from different parts of Tanzania and outside the country. In addition, it has opened more doors for my academic career. The opportunity to be selected to attend a festival called ‘Take Part’ in Brighton, UK, is just one example. Unfortunately, I was unable to attend due to a delay in the visa application process but hope to have similar opportunities in the future.



BILD Leader:
Anderson

“As a Beckwith Leader, I can impact society and make a positive change to the generation and contribute to my country and world”.

Charles

Home City: Mbezi, Dar es Salaam

Hobbies: Watching movies, listening to music (especially gospel songs), reading, playing basketball and exchanging ideas with my fellow youth.

Favourite Sports: Basketball

Time spent on the BILD Project: 10 months

What positive experiences have you had with BILD? From the project I have met with different people from outside and inside the country which helps me to share different ideas, different cultures and learn new things. It has also helped to boost my confidence and thinking capacity.

Expectations: My hope is to see the project spread into different places and reach as many different youth groups as possible.



BILD Leader:
Charles

“My hope is to see the project spread into different places and reach as many different youth groups as possible”.

Innovation—Sports Cards

In Dar es Salaam, BILD Leaders have come up with an original teaching aid - ‘Sports Cards’. These cards each depict a game with accompanying instructions on how to play. Below is an example of one such card explaining how to play miguu mitatu (three legged race).



By Mohammed Mvumbagu (Dar es Salaam Bechwith Leader).

REQUIREMENTS: Piece of cloth to tie the legs together.

HOW TO PLAY:

1. Players must be in pairs and stand together facing the same direction.
2. Next, the pair must tie their touched legs together. The tied legs are called the ‘Middle leg’.
3. Players are required to stand together on the starting line and wait for the whistle to blow. When the whistle is blown the pairs must run the given distance all the way to the finishing line. This can be played in relay mode where a few pairs make up a team.
4. The first pair / team to reach the finish line is the winner. If there is a tie, all the pairs / teams which tied will have to run half the distance again in order to determine a winner.

NB: All players are kindly required to play the game with the caution to avoid falling over!

“All players are kindly required to play the game with the caution to avoid falling over!”

Photo Gallery - Dar es Salaam

Tanzanian *BILD* Leaders and students from Sheffield Hallam University on their visit to Malya *BILD* head quarters.



Students at Jangwani secondary school playing a local game known as 'Kidali' during their Sports Bonanza.



Students at Jangwani Girls Secondary School, Dar es Salaam, playing a rope pulling game in a sitting style in order to enable disabled students to participate during their Sports Bonanza in their school ground.



Young leaders at Kibasila High School discussing how they can make their own Bonanza during a session held at the Dar es Salaam BILD centre.